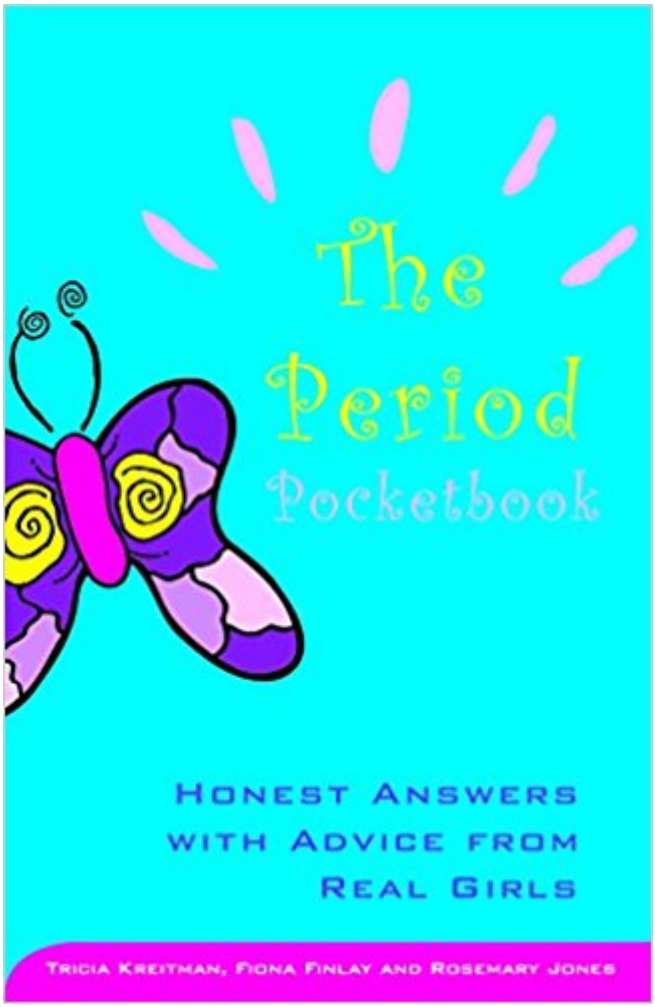
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The Period Pocketbook: Honest Answers With Advice From Real Girls



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Synopsis

With girls maturing at increasingly younger ages, this book will be an invaluable guide for any girl eight and up. Focused entirely on menstruation issues, "The Period Pocketbook" is comprehensive yet friendly and unassuming. The authors cover basic physiology and address all those difficult-to-talk-about issues in a sympathetic and straightforward fashion. From "What will it really be like?" to "What products should I use and why?" the authors answer real questions asked by real girls in a highly readable, accessible, and reassuring manner. The perfect antidote to the random misinformation girls piece together at school and from friends, this book dispels common myths while providing a broad overview of a woman s cycle. Each chapter includes a section with advice on how to cope with common period problems and there is even a description of what to expect if a doctor’s visit proves necessary."

Book Information

Paperback: 128 pages

Publisher: Ulysses Press; 1 edition (September 11, 2006)

Language: English

ISBN-10: 1569755574

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Product Dimensions: 7.2 x 4.8 x 0.4 inches

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Average Customer Review: 4.2 out of 5 stars 4 customer reviews

Best Sellers Rank: #2,545,732 in Books (See Top 100 in Books) #99 inÃ Â Books > Teens > Personal Health > Maturing

Customer Reviews

Fiona Finlay is a Community Paediatric Consultnat in Bath, England, where she lives with her two young children. Rosemary Jones is a qualified doctor and currently works as a Consultant Paediatrician in Bath, England. Tricia Kreitman worked as a psychologist, designing sex education ptograms for young people and then as a psychosexual therapist before becoming a full-time author and advice columnist for a UK teen magazine.

I bought this book for my daughter,my nayborhood daughter saw and read some of it so we ordered one for her to.

After searching for weeks for a book for my niece (12 years old) I was so happy to find this one. It's just what I wanted: a book solely about periods. All the other books I was reviewing were either geared for much younger readers or older teens. This book is perfect in that it covers so much about menstruation and answers questions girls may have but are afraid to ask. What I especially liked was that the frank discussion about sex reinforced that just because a girl gets her period doesn't mean she's ready for sex. The book discussed sex in a short, matter of fact way and didn't include any information that wasn't appropriate for girls in the 10-14 age range (other books were just way too graphic about the sex and masturbation which is fine if it's a 16 year old reading it, but not for a young girl of 12). Anyway, I also liked that there were question and answer sections at the end of each chapter and that the book stresses that it's important for girls to have someone to talk to about their bodies. I think it's a great way to introduce girls to their bodies without the embarassment of having to ask someone. There was a lot of information about a wide range of issues about periods, but again, I really liked that the entire book was mainly covering menstruation rather than all the other topics that other books include. Will definitely buy a copy for my other nieces (when it's time) and for my own daughters.

I used to have this book when I was 14 and it was very age appropriate for me however the sexual intercourse part was a bit too graphic for an 8 year old and the age rating needs to be changed to 10 or 11 and up. But the book was over all good.

I really would just like to take the book and remove the sexual intercourse part. I think other books do a less graphic job of explaining this.

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The Period Pocketbook: Honest Answers with Advice from Real Girls Tarascon Pediatric Emergency Pocketbook (Rothrock, Tarascon Pediatric Emergency Pocketbook) Sex Explained: Honest Answers to Your Questions About Guys and Girls, Your Changing Body, and What Really Happens During Sex (A Sunscreen Book) The Real Book of Real Estate: Real Experts. Real Stories. Real Life. Hawaii Real Estate Wholesaling Residential Real Estate Investor & Commercial Real Estate Investing: Learn to Buy Real Estate Finance Hawaii Homes & Find Wholesale Real Estate Houses in Hawaii Coaching Girls' Softball: From the How-To's of the Game to Practical Real-World Advice--Your Definitive Guide to Successfully Coaching Girls The Honest Real Estate Agent: A Training Guide for a Successful First Year and Beyond as a Real Estate Agent Nicaragua Early History: Precolonial Period, Colonial Period, United States Intervention Secrets of a Jewish

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